



Lithuanian Hypertension Society

Nephrology Center

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Executive:



LHS Council members from the left: Prof. Z. Petrulioniene (Secretary), Dr. N. Marciulioniene, Assoc. Prof. S. Norkiene, Prof. A. Laucevicius (President), Prof. G. Sakalnikas (Honorary President, establisher of the former Lithuanian Hypertension League), Dr. D. Sutkiene, Assoc. Prof. M. Miglinas (Vice-President), Dr. V. Janulaitiene

Brief description of activities over the past year:

Lithuanian Hypertension Society took part in the activities of World Action on Salt and Health in previously launched its second **World Salt Awareness Week** February – 2nd – 8th 2009. The theme was ‘Salt and Eating Out’. The event aimed to highlight to the catering industry, chefs and others involved, the importance of adding less salt to food and the long-term health implications of eating a high salt diet.

Activities ranged from involvement from hypertension experts, representatives from the health and education ministries, consumers, the media and the catering industry.

Lithuania held a series of TV and radio interviews and achieved national media coverage. Lithuanian Hypertension Society also distributed posters & leaflets.

In collaboration with **World Kidney Day** (WKD), jointly hosted by the International Society of Nephrology (ISN) and the International Federation of Kidney Foundations (IFKF), Lithuanian Hypertension Society organized the scientific meeting (in co-operation with Lithuanian Nephrology, Dialysis and Transplant Association) in Siauliai. The meeting turned into great success with the message ‘*Keep the pressure down*’. More than 300 participants took part in this event.

The annual Scientific meeting of Lithuanian Hypertension Society was held on the 15-th of May and was dedicated to the **World Hypertension Day**.

Our annual Scientific meeting information:

The annual Scientific meeting of Lithuanian Hypertension Society was held on the 15-th of May and was dedicated to the **World Hypertension Day**. This was how Lithuanian Hypertension Society supported World Hypertension Day (on 17th May 2009). The theme was ‘**Salt and blood pressure: Two silent killers**’. The event aimed to highlight the messages that high blood pressure is the biggest single cause of death in the world, salt is the major factor putting up blood pressure. This one-day meeting has also focused on implementation of hypertension treatment guidelines in clinical practice, ambulatory blood pressure monitoring, secondary hypertension, target-organ damage in hypertension and recent clinical trials in hypertension. By the end of the day the Members’ Meeting took place. Important Society management decisions were made. The membership committee updated the membership criteria. The CME program committee introduced a new CME format, designed to assist the Society in improving patient cardiovascular, cerebrovascular and renal outcomes in Lithuania and reducing professional competency gaps.