

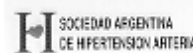


WHL·NEWSLETTER

News from the World Hypertension League (WHL).
A division of the International Society of Hypertension, and in official relations with the
World Health Organization.

No. 63, February 1999

Welcome to the Eighteenth Conference of the WHL Council and Workshop on Hypertension in the Elderly Buenos Aires, Argentina, May 7, 1999



Invitation from the WHL President



Dr. Peter Sleight It is WHL's raison d'être to liaise between its member leagues, to foster communication and exchange of experience between health care professionals, scientists and opinion leaders worldwide. The WHL Council Meeting which is held every two years is the most important event in the life of our society, it is the general assembly of all member societies to discuss the progress made, and the direction to go in the near future. New members get the opportunity to introduce themselves to the League, while others already have been cooperating for years and decades. What would be a better occasion to hold this conference in conjunction with a scientific meeting of a member organization? We are very grateful to the Argentine Society of Arterial Hypertension and the Inter-American Society of Hypertension who invited us to come to Buenos Aires and have our Council meeting in Argentina.

We would like to extend a warm invitation to you to join us in May in Buenos Aires.

Dr. Peter Sleight, WHL President

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Invitation from the WHL Secretary General



Dr. Patrick J. Mulrow

The WHL's Council Meetings traditionally deal with administrative matters and reports from our members, as well as a scientific workshop. The workshop includes presentations from our societies, as well as internationally renowned experts. The topic for this year's workshop is hypertension in the elderly. Hypertension is a worldwide epidemic, but the good news is that it can be easily treated and probably prevented with excellent long-term health benefits.

This year the WHL will present the Thomas Strasser lecture, named after one of the founders of the WHL and its first Secretary General. The lecture will be given by Dr. Detlev Ganten, Past President of the WHL.

It is a pleasure to announce that this lecture

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WHL Council Conference

8.00-10.00 **18th WHL Council Conference**

Chair: Patrick J. Mulrow
Secretary General

President's Report
Secretary General's Report
- Newsletter
- Budgets
- Patient Education Project
- Report from Regional Representatives
- WHL Council Reports from member leagues/societies

Workshop on Hypertension in the Elderly

10.00-11.15 Presentation of Seven Abstracts from WHL members on Hypertension in the Elderly

Chair: Liu Lisheng
Co-Chair: Arun Chockalingam
Summary: Peter Sleight

11.15-12.00 Development of Protocol for Surveying Hypertension in the Elderly in WHL Member Organizations

Chair: J. George Fodor
Co-Chair: Jean-Michel Mallion
Summary: J. George Fodor
Local Funding, organizational procedures/structure, coordinating committees

Blood Pressure Measurement
Giuseppe Mancia, Italy
Epidemiological Approach
Jean-Michel Mallion, France
Survey in Developing Countries
M. Mohsen Ibrahim, Egypt

12.00-13.00 Lunch

13.00-13.30 **Scientific Program**

Chair: Peter Sleight, President

Thomas Strasser Lecture
Benefits from Gene Analysis
Detlev Ganten, Past President WHL

13.30-14.00 Epidemiology of Hypertension in the Elderly
David Martin, Arun Chockalingam

14.00-14.45 Mechanisms Causing Hypertension in the Elderly
Overview: *Patrick J. Mulrow, USA*
Baroreceptor Dysfunction: *Peter Sleight, UK*

14.45-15.00 Prevention of Hypertension in the Elderly
Paul Whelton, USA

15.00-15.30 Coffee
Treatment of Hypertension in the Elderly
Chair: Azhar Faruqui, Pakistan
Co-Chair: Samuel Finkelman

15.30-16.00 Comparison of Treatment Trials in the Elderly
Jan Staessen, Belgium

16.00-16.30 Management of Hypertension in the Elderly, Practical Aspects
Arturo Ribeiro, Brazil

16.30-17.00 Management of Risk Factors in the Elderly
Oswaldo Brusco, Argentina
Esther Paran, Israel
Panel Discussion:
Maksimilijan Kocijancic, Yugoslavia
Esther Paran, Israel
Oscar Roman, Chile

Educational Approaches to the Elderly

Chair: S. Padmavati, India
Co-Chair: A.F. Biola Mabadeje, Nigeria

17.00-17.30 Nurses' Role in Controlling Hypertension in the Elderly
Martha Hill, USA

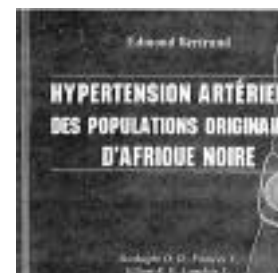
17.30-18.00 Designing and Implementing a Campaign to Reach Older Americans; Focus on Blood Pressure Control
Claude Lenfant, USA

18.00-19.00 Reception

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Final Program continued

General Information:

The WHL Council Conference and Workshop on Hypertension in the Elderly will take



place before the Opening of the IASH and SAHA Meetings.

Venue: Buenos Aires Sheraton Hotel & Convention Center
Av. Leandro N. Alem 1153
(1104) Buenos Aires, Argentina.

Language: The official language will be English.

Registration: There is **no** registration fee for the WHL Workshop.

For further information on the WHL Council Conference and Workshop contact:

Dr. Patrick J. Mulrow
Secretary General, World Hypertension League
Medical College of Ohio
PO Box 10008
Toledo, OH 43699-0008, USA.

For further information on the Inter-American Society of Hypertension (IASH) and the Sociedad Argentina de Hipertensión Arterial (SAHA) contact:

Dr. Norberto A. Terragno
President, Organizing Committee
Sarmiento 1562 - 4° F
(1042) Buenos Aires, Argentina
Phone: (+54-1) 384-6411
Fax: (+54-1) 382-6703
Internet: <http://www.anajuan.com>

Invitation from the WHL Secretary General continued

will be given at the WHL Council Conference in Buenos Aires on May 7, 1999 when the WHL will be celebrating its 15th anniversary. I wish to thank our friends from the Inter-American Society of Hypertension and the Argentine Society of Arterial Hypertension for their invitation to meet with them and for their support.

Looking forward to seeing you in Buenos Aires!



Dr. Patrick J. Mulrow
WHL Secretary General

WHL Material

The WHL office of publication received a copy of a brochure dealing with arterial hypertension in black African populations. The book focuses on problems of prevention of arterial hypertension in children under the conditions of developing countries.

For further information, please contact the editor Professor Edmond Bertrand

La Pierre du Coc
84200 Carpentras, France.
Tel.: (+33) 04-90 63 00 72
Fax: (+33) 04 90 60 02 61

People

The **International Society for the Study of Hypertension in Pregnancy** has a new board. The president is Dr. Fiona Broughton Pipkin, and the secretary/treasurer is Professor John Davison, University Dept. of Obstetrics and Gynaecology, 4th Floor, Leazes Wing, Royal Victoria Infirmary, Newcastle upon Tyne, NE1 4LP, UK.
Phone: (+44) 191-232 5131 Ext. 24132
Fax: (+44) 191-222 5066

As of September 1998, the **Nurses Hypertension Association** has a new Chairman: Dr. Sally Armstrong, Therapeutic Research Unit for the Elderly, ICSM, Hammersmith Hospital, Du Cane Road, London W12 0NN, UK.
Phone: (+44) 181-743-8663
Fax: (+44) 181-740-1857

The new address of the **Danish Society of Hypertension** is Lars Videbæk, Secretary, Kristianiagade 14.4, tv., 2100 Copenhagen Ø, Denmark.
Tel. (+45-33) 3544-8407
Fax: (+45-33) 3544-8408
e-mail: cs@dadl.dk

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The address of the **Slovak Hypertension League** has changed: Dr. Stefan Farsky, Chairman, Zelená 3, Dom srdca, 03608 Martin, Slovak Republic.

e-mail: hearthouse@zdnmail.com



In October 1998, Professor Stefan Rywik was elected for a two-year term as president of the **Polish Society of Hypertension** and Dr. Grazyna Broda as secretary. The address of the Society is: National


Institute of Cardiology, Department of CVD Epidemiology and Prevention, Alpejska St. 42, 04-628 Warsaw, Poland.

Tel.: (+48-22) 815-6556

Fax: (+48-22) 613-3807

E-mail: plmncwwa@ikard.waw.pl

The **Pakistan Hypertension League** changed its fax number to (+92-21) 920 1287.

The **Chinese Hypertension League's** new fax number is (+86-10) 6835-1990. 

Impressum

The objectives of the WHL are to promote the detection, control and prevention of arterial hypertension in populations. The World Hypertension League (WHL) is a federation of leagues, societies and other national bodies devoted to this goal. Individual membership is not possible. The WHL is a division of the International Society of Hypertension (ISH), and is in official relations with the World Health Organization (WHO).

Secretariat:

Medical College of Ohio, Dept. of Medicine, P.O. Box 10008, 3000 Arlington Ave, Toledo, OH 43699-0008, USA

Phone: (+1) 419 383-6016, Fax: (+1) 419 383 5360

E-mail: gmonhollen@mco.edu

Internet: <http://www.mco.edu/whl>

Board:

P. Sleight (Oxford), President

D. Ganten (Berlin-Buch), Past President

G. Fodor (Ottawa), Vice-President

P.J. Mulrow (Toledo, Ohio), Secretary General

J.N. Cohn (Minneapolis), K.H. Rahn (Münster), members.

C. Lenfant (Bethesda), Special Adviser

T. Strasser (Geneva), Adviser, International Liaison

A. Chockalingam (Ottawa), Adviser, Patient Education Project

M.M. Ibrahim (Cairo), Adviser, Developing Countries

The WHL Newsletter is published bimonthly by the World Hypertension League.

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Calendar

Fourteenth Annual Scientific Meeting of the American Society of Hypertension

May 19-22, 1999

New York, NY, USA

Information: American Society of Hypertension, 515 Madison Avenue, Suite 1212
New York NY 10022

International Conference on Heart Health in Developing Countries

October 10-14, 1999

New Delhi, India

Information: All India Institute of Medical Sciences, Anasri Nagar
New Delhi 110 029, India

International Congress on Atherosclerosis, Hypertension and Coronary Artery Disease

October 14-16, 1999

New Delhi, India

Information: Ms Neeharika Naidu, Conferences and Incentives Management (1) Pvt. Ltd.

1/33 A, 3rd Floor

Nanakpura, Moti Bagh

New Delhi - 110021, India

Fax: +91-11-4678030

<http://www.medicalconferences.com>

12th Annual Meeting of the Mediterranean Association of Cardiology and Cardiac Surgery

October 19-21, 1999

Damascus, Syria

Information: Dr. Sami Kabbani, PO Box 2837,

Damascus, Syria

Fax: +963-11-212-9437

9th International Symposium on Cardiovascular Pharmacotherapy

March 26-29, 2000

Salvador, Brazil

Information: JZ Promocoes e Assessoria de Congressos Ltda

R Conde de Irajá, 260

22271-020 Rio de Janeiro, Brazil

Fax: +55-21-537 9134