



WHL·NEWSLETTER

News from the World Hypertension League (WHL).
A division of the International Society of Hypertension, and in official relations with the
World Health Organization.

No. 66, August 1999

WHL News



Dr. Patrick J. Mulrow

The 18th WHL Council Conference and Workshop on Hypertension in the Elderly was a huge success. After the business meeting each of the delegates described the programs for controlling hypertension in his/her country. Very active and effective programs are being carried out, even in countries

with limited resources. However, universally, the percentage of patients with hypertension controlled to the goal of < 140/90 is still very low. Part of the poor results is related to the expense of medications. This is particularly true in the developing countries.

It was clear that hypertension in the elderly is an epidemic with a prevalence in many countries of over 50% in those 60 years of age or older. The prevalence varied from different regions in the world and in different regions within countries, such as in Peru as reported by Dr. Guillermo Morales Stiglich, where prevalence varied among the coastal, high altitude, and lowland regions.

Dr. George Fodor described development of a protocol for surveying hypertension in the elderly in the WHL member organizations. More information will be available as this survey is further developed.

During lunch, active informal discussion continued among the members. The afternoon session began with Dr. Detlev Ganten giving the *Thomas Strasser Lecture* in which he discussed the implications of gene research on the future control of management of hypertension. Dr. Arun Chockalingam gave a formal presentation of the epidemiology of hypertension in

of hypertension in the elderly. A number of factors seem to be involved: genetics, arterial stiffness, baroreceptor dysfunction, decreased renal function with increased sensitivity to salt, and obesity.

Drs. Jan Staessen (Belgium) and Artur Ribeiro (Brazil) discussed treatment of hypertension in the elderly in detail, while Drs. Osvaldo Brusco (Argentina) and Ernesto Schiffrin (Canada) discussed the management of dyslipidemia and diabetes in the elderly hypertensive. Educational approaches to managing hypertension in the elderly was another important topic. Dr. Martha Hill (USA) discussed the importance of the nurses' role in carrying out the treatment plans in populations. Dr. Claude Lenfant discussed designing and implementing a campaign to reach older Americans to control blood pressure.

After a very successful meeting the WHL members joined the IASH members in attending the Opening Ceremony and Reception of the Inter-American Society of Hypertension Meeting. A number of the WHL members participated in the three-day symposium of the IASH.

Dr. Patrick J. Mulrow
Secretary General

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Directory of WHL Members

Part two				phone/fax/e-mail
Italy	Italian League against Hypertension	Prof. C. Dal Palu	Università di Padova Clinica Medica I Via Giustiniani 2, 35100 Padua	(390)-49-876 1518 (390)-49-875 4179
Japan	Japanese Society of Hypertension	Dr. Takao Saruta	Keio University Dept. of Internal Medicine 35 Shinanomachi, Shinjuku-ku, Tokyo 160	(81)-3-3353-1211 ext. 2740 (81)-3-3354-7446
Kenya	Kenya Hypertension League		International Center for Health Development and Research IPS Bldg., Kimathi Street PO Box 43590, Nairobi	(254)-2-224-973 (254)-2-215-671
Korea	Korean Society of Hypertension	Prof. Un Ho Ryoo	Prof. Haeng Il Koh, College of Medicine, Inje University, Seoul Paik Hospital, Dept. of Internal Medicine, 85, Jeodong 2-ka, Chungku, Seoul 100-32	(82)-2-2268 9952 (82)-2-2268 9952 raphael8@shinbiro.com
Latvia	Heart Foundation of Latvia	Dr. Vilnis Dzerve	Institute of Cardiology of Latvia 13, Pilsonu Str., 1002 Riga	(371)-261-4094 (371)-261-4641
Lebanon	Lebanese Hypertension League	Dr. Adel E. Birbari	American University of Beirut Medical Center, Divison of Neph- rology, PO Box 113, Beirut	(961)-1-340-460
Lithuania	Lithuanian Hyperten- sion League	Dr. Gediminas Sakalnikas	Institute of Cardiology Sukileliu Str. 17, 3007 Kaunas	(370)-7-732-129 (370)-7-732-286
Mexico	Arterial Hypertension Society of Mexico	Dr. Enrique Hong	Instituto Nacional de Cardiology Ignacio Chávez, Juan Badiano 1, 14080 Mexico, D.F.	(52)-5-5573 2911 (52)-5-5573 0994
Moldova	Hypertension Founda- tion of Moldova	Dr. Victor Botnaru	St. Archangel Michail Hospital Chair of Internal Diseases St. Archangel Michail Str. 32 PO Box 277001, Chisinau	(3732)-244-166 (3732)-222-259
Morocco	National League for the Control of Car- diovascular Disease	Prof. M. Benomar	Hôpital Avicenne B.P. 1326 Rabat RP	(212)-7-41549 (212)-7-73232
The Neth- erlands	Netherlands Hyper- tension Society	Dr. Peter Chang	University Hospital Leiden Dept. of Nephrology C3-P PO Box 9600, 2300 RC Leiden	(31)-71-5262218 (31)-71-5248118
Nigeria	Nigerian Hypertension Society	Prof. A.F.B. Mabadeje	Lagos University Teaching Hos- pital, Dialysis Centre, Box 191 Univ. Box Office Akoka, Lagos	(0234)-1-821-501 (0234)-1-821-501
Norway	Norwegian Society of Hypertension	Prof. Per Omvik	Haukeland Hospital, Dept. of Medicine, 5021 Bergen	(47)-55 975 000 (47)-55 975 836
Pakistan	Pakistan Hyperten- sion League	Prof. Azhar M.A. Faruqui	National Institute of Cardiovascu- lar Disease, Rafiqui (H.J.) Shaheed Road, Karachi 75510	(92)-21-920 1286 (92)-21-920 1287 nievd@khi.comsats.net.pk
Palestine	Palestinian Hyperten- sion Association	Dr. Wa'il Shawwa	El-Wehda St., 740/42 PO Box 1030 Remal, Gaza	(97)-27-865-855 (97)-27-861-187
Paraguay	Paraguayan Society of Hypertension	Dr. Miryan Ayala	Pitintuta 613 esq. Juan de Salazar, Asunción	(595)-21-210-779 (595)-21-212-044
Peru	Peruvian Society of Arterial Hypertension	Dr. Guillermo Morales Stiglich	Av. Intihuatana No. 479, Tambo de Monterrico - Surco, Lima	(51) 1 438-0512 (51) 1 438-0512
The Philippi- nes	Philippine Society of Hypertension	Dr. Ramón F. Abarquez, Jr.	Unit 33, Facilities Centre 548 Shaw Boulevard, Man- daluyong, Metro Manila 1501	(63)-2-531-1204 (63)-2-531-1281
Poland	Polish Society of Hypertension	Prof. Stefan Ry- wik	National Institute of Cardiology, Dept. of CVD Epidemiology and	(48) 22 815 6556 (48) 22 613 3807

Portugal	Portuguese League against Hypertension	Prof. Jorge Polonia	Dr. Rasiklal Ranchhod Campo Grande, 28, 4°C 1700 Lisbon	(351)-1-1797 0685 (351)-1-1793 1095
Romania	Hypertension Section of the Romanian Society of Cardiology	Prof. Leonida Gherasim	169 Spl. Independenlei 5 Bucharest, 79800	(401) 638 4380 (401) 211 0538 mdoro@cardio.uhosp.ro
Russia	Russian Society of Hypertension	Dr. Yuvenali V. Postnov	Cardiology Center of the Academy of Sciences 3 rd Cherepkovskaya Str. 15a Moscow 121 552	(7)-095-414-5321 (7)-095-415-2962
Senegal	Senegal Heart and Hypertension Foundation		BP 1207 Dakar	(221)-226884
Slovakia	Slovak Hypertension League	Prof. Stefan Farsk_	Zelená 3, Dom srda, 03608 Martin	(421) 842 282 371 (421) 905 521 368 hearhouse@zdnemail.com
Slovenia	Slovene Hypertension Society	Dr. Rok Accetto	University Medical Center Division for Hypertension Vodnikova 62 61000 Ljubljana	(386)-61 1551 555 (386)-61-1551 550
South Africa	Southern African Hypertension Society	Dr. D. P. Naidoo	Prof. J. N. Milne Univ. of Witwatersrand Dept. of Medicine 7 York Road, Parktown 2193	(27)-11-488-3621 (27)-11-643-8777
Spain	Spanish Society and League of Hypertension	Prof. José Rodicio	University Hospital Hypertension Unit San Carlos 28040 Madrid	(34)-1-390-8383 (34)-1-390-9118
Sweden	Swedish Hypertension Society	Prof. Bengt-Göran Hansson	Regional Hospital, Dept. of Medicine, 310 85 Halmstad	(46)-35-131-000 (46)-35-131-546
Switzerland	Swiss Association against High Blood Pressure	Dr. Franco Mugli	Residenza i Platani 4 CH-6943 Vezia (Lugano)	(41)-91-561816 (41)-91-569044
Taiwan	Taiwan Society of Cardiology	Dr. Philip Yu-An Ding	Veterans General Hospital-Taipei, 201, Sec. 2, Shih-Pai Road, Taipei, Taiwan 112	(886-2) 2875-7229 (886-2) 2875-3580 yading@vghtpe.gov.tw
Thailand	Thai Hypertension League	Dr. Khunying Pungchai Ngarm-Ukos	Siriraj Hospital, Dept. of Medicine, Hypertension Unit, Bangkok-noi, Bangkok 10700	(66)-2-419-7790 (66)-2-419-7790
Turkey	Turkish Association for Hypertension Control	Dr. M. Remzi Önder	Ege University Medical Faculty Cardiology Dep., 1441 sok.No. 2/13, Alsancak, Ismir	(90)-232-4224777 (90)-232-3746618 kultursa@bornova.ege.edu.tr

to be continued

People

Dr. Maria Helena Catelli de Carvalho, R. Mal. H. de Moura, 338 bloco A, apto 13 B, 05641-000 Sao Paulo, Brazil, was elected as president of the **Brazilian Society of Hypertension**.

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Professor Per Omvik was elected as president and Dr. Rune Mo as Secretary General of the **Norwegian Society of Hypertension** for a two-year term starting on March 13, 1999. The address of the Society is: Haukeland University Hospital, Dept. of Cardiology, 5021 Bergen, Norway.

Tel.: (+47) 5597 5000
Fax: (+47) 5597 5836

Dr. Miguel Sanchez-Palacios was elected as president of the **Peruvian Society of Cardiology**. The address of the Society is: Apartado Postal 2127, Lima 100, Peru.
Tel/Fax: (+51) 1 372 0287

Impressum

The objectives of the WHL are to promote the detection, control and prevention of arterial hypertension in populations. The World Hypertension League (WHL) is a federation of leagues, societies and other national bodies devoted to this goal. Individual membership is not possible. The WHL is a division of the International Society of Hypertension (ISH), and is in official relations with the World Health Organization (WHO).

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C. Lenfant (Bethesda), President Elect

D. Ganten (Berlin-Buch), Past President

L. Lisheng (Beijing), Vice-President

P.J. Mulrow (Toledo, Ohio), Secretary General

K.H. Rahn (Münster), member

G. Fodor (Ottawa), Special Adviser

T. Strasser (Geneva), Adviser, International Liaison

A. Chockalingam (Ottawa), Adviser, Patient Education Project

M.M. Ibrahim (Cairo), Adviser, Developing Countries

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Calendar

II. Uruguayan Congress of Hypertension

September 5-7, 1999

Montevideo, Uruguay

Information: Secretariat of Congress
personas S.R.L.

Fax: (+598) 2 408 295

4th European Research Conference on Blood Pressure & Cardiovascular Disease

October 15-17, 1999

Noordwijkerhout, The Netherlands

Information: The Secretariat,
Hampton Medical Conferences Ltd.

127 High Street, Teddington

Middlesex, TW11 8HH, UK

Fax: (+44) 181 977 0055

e-mail: hmc@hamptonmedical.com

International Symposium on Obesity and Hypertension

October 28-30, 1999

Berlin, Germany

Information: Prof. A.M. Sharma
Universitätsklinikum Benjamin Franklin
Hindenburgdamm 30, 12200 Berlin, Germany
e-mail: ISOH99@gmx.de

<http://www.medizin.fu-berlin.de/nephro/ISOH99>

30th Heart & Stroke Clinical Update

December 9-11, 1999

Toronto, Canada

Information: Wade Barker, Heart & Stroke
Foundation of Ontario, 1920 Yonge Street
4th Fl., Toronto, Ont. M4S 3E2, Canada
Fax: (+1) 416 489 4151

7th World Congress on Heart Failure - Mechanisms and Management

July 9-12, 2000

Vancouver, BC, Canada

Information: PO Box 17569, Beverly Hills, CA
Fax: (+1) 310 275 8922

7th International Conference on System Science in Health Care

May 29-June 2, 2000

Budapest, Hungary

Information: Mária Tóth, Conference Tours
Ltd., Kossuth tér 6-8, H-1055 Budapest, Hungary

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