



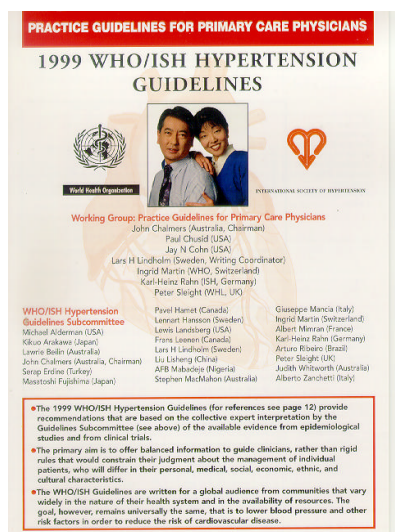
WHL·NEWSLETTER

News from the World Hypertension League (WHL).
A division of the International Society of Hypertension, and in official relations with the
World Health Organization.

No. 68, December 1999

WHL News

1999 WHO/ISH Hypertension Guidelines



The WHO/ISH guidelines provide recommendations that are based on the Guidelines Subcommittee expert interpretation of the available evidence from epidemiological studies and from clinical

trials.

The primary aim is to offer balanced information to guide clinicians, rather than rigid rules that would constrain their judgement about the management of individual patients, who differ in their personal, medical, social, economic, ethnic, and cultural characteristics.

The guidelines are written for a global audience representing communities that vary widely in the nature of their health system and in the availability of resources. The goal of these, however, is universally the same; namely, to lower blood pressure and other risk factors in order to reduce the risk of cardiovascular disease.

The full guidelines were published in:

- *Journal of Hypertension*, 1999; **17**: 151-83
- *Clinical and Experimental Hypertension*, 1999; **21**, Blood Pressure, 1999

and are available at:

- <http://www.who.int/ncd/cvd/HT-Guide.html>

continued on page 3

Scientific New

Algorithm for long-term monitoring of the hypertensive patient

The Slovak League against Hypertension attempted to create a system for long term diagnostic management of the hypertensive patient. The system could help to prevent organ damage due to hypertension.

The algorithm is the result of joint efforts of members of the Slovak League. The criteria were discussed at the last annual meeting of the League. The goal was to determine the optimal condition with regard to medical and economical aspects of long term monitoring of the hypertensive patient.

This kind of activity is an important function of hypertension leagues.

For further information please contact:

Professor Stefan Farsk, Chairman
Slovak League against Hypertension
Zelená 3, Dom srda
03608 Martin
Slovakia
<http://www.zdnetmail.com>

Contents	Page
- WHL News	
1999 WHO/ISH Hypertension Guidelines	1
The Pan American Hypertension Initiative	3
- Scientific News	
Algorithm for long-term monitoring of the hypertensive patient	1
- Address Directory of WHL Members, part four 2	
- WHL Materials	
The World Health Report 1999	2
- People	3
- Calendar	4

Directory of WHL Members

Part four

phone/fax/e-mail

Uruguay	Uruguayan Hypertension Committee	Prof. A. J. Reyes	Inst. of Cardiovascular Theory Sotelo 3908 11700 Montevideo	(598)-2-362-341 (598)-2-362-341
USA	American Heart Association Council for High Blood Pressure Research	Prof. John E. Hall	Dept. Physiology & Biophysics 2500 North State Steet Jackson, MS 39216-4505	(1) 601 984 1801 (1) 601 984 1817
USA	National Hypertension Association	Dr. William M. Manger	324 East 30th Street, New York, NY 10016	(1) 212-889-3557 (1) 212-447-7032

Supporting Members

Astra Hässle AB, Mölndal, Sweden
 Bayer AG, Wuppertal, Germany
 Brocades Pharma BV, AC Leiderdorp, The Netherlands
 Courbevoie, France Knoll AG, Ludwigshafen, Germany
 Byk-Gulden, Konstanz, Germany
 F. Hoffmann-La Roche Ltd, Basel, Switzerland
 Glaxo Research & Development Ltd, Uxbridge,

Middlesex, United Kingdom
 Institut de Recherche Internationales Servier,
 Merck & Co., Inc, Whitehouse, NJ, USA
 Nihon Schering KK, Osaka, Japan
 Omron Healthcare Europe BV, Amsterdam
 Parke-Davis, Morris Plains, NJ, USA
 Roussel Uclaf, Romainville, France
 Zeneca Pharma UK, Macclesfield, United Kingdom

WHL Materials

**The World Health Report 1999
 Making a Difference**


"Global leadership and advocacy for health remain critical missing ingredients in the formula for making a difference and conveying

evidence to the highest level of government. We need to remind prime ministers and finance ministers that they are health ministers themselves and that investments in the health of the poor can enhance growth and reduce poverty."

Dr. Gro Harlem Brundtland
 Director-General of WHO

- Part 1: Making a difference in people's lives
1. Health and development in the 20th century
 2. The double burden: emerging epidemics and persistent problems
- Part 2: Making a difference in the 21st century
3. Meeting the challenges: health systems development
 4. Rolling back malaria
 5. Combating the tobacco epidemic
 6. Making a difference

Copies of the report may be obtained from:
 WHO Marketing and Dissemination
 CH-1211 Geneva 27, Switzerland
 Fax: (+41) 22 791 48 57
 1999, xxi + 121 pages (English and French)
 ISBN 92 4 156 194 7, Sw.fr. 15.-- / US\$ 13.50
 Developing Countries: Sw.fr. 10.50
 bookorders@who.ch

WHL News continued

THE PAN AMERICAN HYPERTENSION INITIATIVE (PAHI)

Dr. George A.O. Alleyne, Director, Pan American Health Organization and Dr. Claude Lenfant, Director, National Heart, Lung, and Blood Institute

Hypertension is the most prevalent cardiovascular disease in the Americas. If national prevalence estimates from well conducted epidemiology studies are applied to the Americas, then approximately one in four adults or about 140 million have elevated blood pressure warranting treatment or some form of monitoring. In the Americas, as in most nations, hypertension control rates are less than optimal. Throughout most of the world, less than 1/4 of hypertensive patients are adequately controlled. To address this problem, the Pan American Health Organization (PAHO) and the National Heart, Lung, and Blood Institute (NHLBI) have jointly proposed a Pan American Hypertension Initiative (PAHI). A call for action was issued at the conclusion of a conference on "Global Shifts in Disease Burden: The Cardiovascular Disease Pandemic". This conference was co-sponsored by the Pan American Health Organization, the World Health Organization, the National Heart, Lung, and Blood Institute, and the Fogarty International Center. The meeting was held at PAHO Headquarters in May 1998. Nineteen countries in the Americas as well as major scientific organizations participated.

To develop PAHI, PAHO and NHLBI invited potential partners to a joint planning meeting on "Translating Science into Action". The meeting was hosted by the NHLBI in March 1999 at the National Institutes of Health, Bethesda, Maryland. Representatives from Argentina, Barbados, Brazil, Canada, Chile, Cuba, Mexico, Uruguay, the United States, and international scientific organizations attended the meeting. The purpose was to jointly prioritize actions to reduce the burden of hypertension in the Americas and to identify areas of mutual cooperation to implement those priorities. The current status of hypertension prevention and control throughout the Region was discussed. The delegates also identified barriers that need to be overcome to make this initiative a reality. The meeting culminated in the development of a joint PAHI statement, outlining proposed activities for the future. The PAHI statement and further information will be posted on the WHL website, www.mco.edu.whl/hist.html.

In addition to PAHO, NHLBI and delegates to the March 1999 meeting, six international organizations have enthusiastically endorsed the joint PAHI statement. The partners have indicated their willingness to collaborate in this international initiative. The international organizations include the World Hypertension League, the Inter-American Society of Hypertension, the Pan American Network of CARMEN Programs, the InterAmerican Society of Cardiology, the InterAmerican Heart Foundation, and the Sociedad Latinoamericana de Nefrología e Hipertensión. PAHI's mission will be directed towards advocacy, raising public and professional awareness and providing a forum for consultation.

Future issues of the WHL Newsletter will feature a summary of the March 1999 planning meeting, progress reports, and articles from different countries on the Pan American Hypertensive Initiative.

People

In October 1999 at the general Assembly of the **Israeli Society of Hypertension**, Professor J. Reuven Viskoper was elected as president and Professor G. Boner as Secretary. The address is: Barzilai Medical Centre, Dept. of Medicine, Ashkelon 78306, Israel.

Tel. (+972) 7 674 5710

Fax: (+972) 7 674 5712

e-mail: revenu@barzi.health.gov.il

In May 1999, Dr. Ilkka Tikkanen was elected for a two-year term as president and Dr. Ilkka Kantola as Secretary General of the **Finnish Hypertension Society**, Turku University Hospital, Department of Internal Medicine, Kiinamyllynkatu 4-8, 20520 Turku, Finland.

Tel. (+358) 2 261 1611

Fax: (+358) 2 261 2030

e-mail: ilkka.kantola@tyks.fi

The **Dominican Society of Hypertension** accepted a new program for the period 1999-2002. It has five points: (1) Organizing the I. Congreso Nacional de Hipertension de Cuba (see calendar), as coordinators of the Caribbean Society of Hypertension together with the Grupo Nacional de Hipertension from Cuba; (2) A national survey of the prevalence of HTA in older adults (>60 years) together with the Department of Public Health of the Universidad Autonoma de Santo Domingo; (3) Three short courses on hypertension guidelines for primary care physicians.

continued on page 4

People continued

The new address of the **Hellenic Society of Hypertension** is 111, Vas. Sofias Ave., 11527 Athens, Greece.

Tel.: (+30) 1 646 9358
Fax: (+30) 1 640 0767

In June 1999, Dr. Yung-Zu Tseng was elected as president and Dr. Jiunn-Lee Lin as secretary general of the **Taiwan Society of Cardiology** for a two-year term. The address is: 5F, No. 4, Sec. 1, Jen-Ai Road, Taipei 100, Taiwan, Republic of China.

Tel.: (+886) 2 239 64 656
Fax: (+886) 2 239 64658
e-mail: tsoc@mail.hato.com.tw

Professor P. Sareli was elected for a two-year term as president of the **Southern African Hypertension Society**, Chris Hani Baragwanath Hospital, Dept. of Medicine, PO Bertsham 2013, South Africa. Professor F. J. Milne remains on as secretary until 2001.

Tel.: (+27) 11 933 9295
Fax: (+27) 11 938 6945
e-mail: PSARELI@iAfrica.com

Impressum

The objectives of the WHL are to promote the detection, control and prevention of arterial hypertension in populations. The World Hypertension League (WHL) is a federation of leagues, societies and other national bodies devoted to this goal. Individual membership is not possible. The WHL is a division of the International Society of Hypertension (ISH), and is in official relations with the World Health Organization (WHO).

Secretariat:

Medical College of Ohio, Dept. of Medicine, P.O. Box 10008, 3000 Arlington Ave, Toledo, OH 43699-0008, USA

Phone: (+1) 419 383-6016, Fax: (+1) 419 383 5360

E-mail: gmonhollen@mco.edu

Internet: <http://www.mco.edu/whl>

Board:

P. Sleight (Oxford), President

C. Lenfant (Bethesda), President Elect

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L. Lisheng (Beijing), Vice-President

P.J. Mulrow (Toledo, Ohio), Secretary General

K.H. Rahn (Münster), member

G. Fodor (Ottawa), Officer-at-Large

T. Strasser (Geneva), Adviser, International Liaison

A. Chockalingam (Ottawa), Adviser, Patient Education Project

M.M. Ibrahim (Cairo), Adviser, Developing Countries

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J. Pötsch, Editor; E. Pisch, Editorial Assistant

Editorial Office:

Max Delbrück Center for Molecular Medicine (MDC)


Robert-Rössle-Str. 10, 13125 Berlin-Buch, Germany,

Phone: (+49) 30 9489 4533, Fax: (+49) 30 9489-4589

E-mail: poetzsch@mdc-berlin.de

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Calendar

2nd International Conference on Cardiovascular Genomics

January 31-February 1, 2000
Miami, FL, USA

Information: Cambridge Healthtech Institute,
1037 Chestnut Street
Newton Upper Falls, MA 02464, USA
Fax: (+1) 617 630-1325
e-mail: chi@healthtech.com

5th Scientific Meeting of the Hypertension in Diabetes EASD Study Group

May 19-20, 2000
Paris, France

Information: Dr. Peter T. Sawicki, Heinrich-Heine University, Dept. of Metabolic Diseases,
PO Box 101007, 40001 Düsseldorf, Germany
Fax: (+49) 211 811 8772

1st Cuban Congress on Arterial Hypertension and 4th Caribbean Meeting on Arterial Hypertension

June 14-16, 2000
Havana, Cuba

Information: Dr. M. Delfín Pérez Caballero,
"Hermanos Ameijeiras" Hospital
San Lázaro No. 701, Havana, Cuba
Fax: (+537) 335036

15th Annual International Interdisciplinary Conference on Hypertension

July 15-18, 2000

Las Croabas, Puerto Rico

Information: ISHIB, 2045 Manchester Street,
NE, Atlanta, GA 30324-4110, USA
Fax: (+1) 404 875 6334

III Latin American Congress of Hypertension

November 1-4, 2000
Caracas, Venezuela

Information: Dr. Manuel Velasco (LASH)
PO Box 76333, El Márquez
Caracas 1015-A, Venezuela
Fax: (+58) 2 321 4385
e-mail: mvelasco@reacciun.ve

7th International Symposium on Hypertension in the Community

December 4-6, 2000
Herzeliya-on-Sea, Israel

Information: Symposium Secretariat
Carmel Organizers of Conferences & Events
PO Box 1912, Ramat Gan 52532, Israel
Fax: (+972) 3 575 3107
e-mail: tcarmel@netvision.net.il